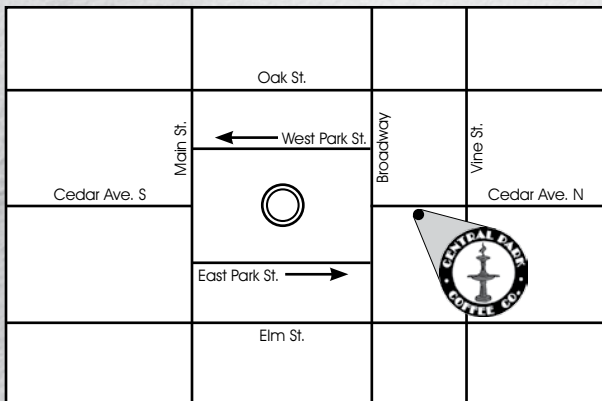


OUR SANDWICHES

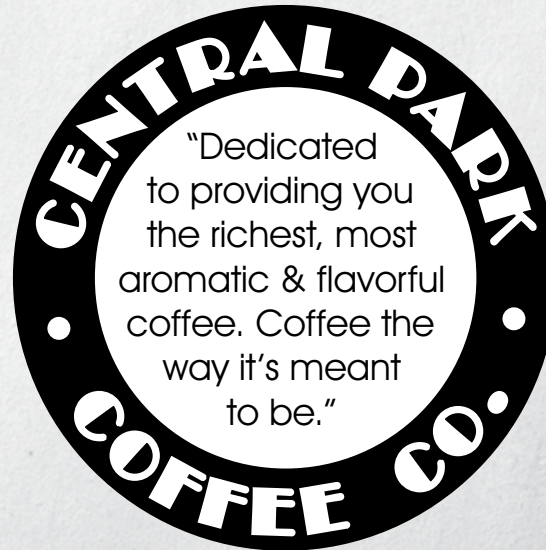
are made with bread "Baked from Scratch" containing no preservatives.

- **Herb Focaccia Bread** – soft, tender dough topped with basil, chives, sage, and olive oil.
- **Multi-grain** – coated with rolled oats, sunflower, sesame, and flax seeds.
- **Ciabatta** – a golden-floured crust and a light, airy interior.
- **Croissants**
- **Marble Rye**
- **Sliced Wheat Berry**
- **Gluten-Free Tomato Basil Multi-grain Bread**
- **Gluten-Free Organic Brown Rice Bread**



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Saturday: 7:30am – 2:00pm

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Lunch Served

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Saturday: 10:30am – 2:00pm

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BREAKFAST

- **Sandwiches**..... **\$3.89**
Choice of ham, bacon or sausage, egg & cheese on your choice of bread.
- **Burritos** **\$3.69**
Choice of ham, bacon or sausage, egg & cheese, served on a flour tortilla with a side of salsa.
- **Low-Carb Omelet** **\$2.99**
Choice of ham, bacon or sausage, egg & cheese. Vegetables by request. **Add .50¢**
- **Toast** **\$1.75**
- **Old-Fashion Cooked Oatmeal** **\$2.69**
Request brown sugar, raisins or almonds.

Also Available: Scones, Muffins, Bakery Items and Gluten-Free Bars & Breads

HOT & HEARTY SOUP

- **Soup of the Day** **\$3.39**
Cup of hot and hearty soup of the day.

FRESH MADE SALADS

Dressing Choices: Ranch, French, Honey Mustard, Poppy Seed, Raspberry Vinaigrette, Thousand Island, and Asian Sesame

- **“Jewel of the Prairie”**  **\$7.29**
Turkey, parmesan cheese, sweet mandarin oranges, dried cranberries, and sliced almonds on fresh greens.
- **Oriental Chicken Salad** **\$7.59**
Grilled chicken breast, mandarin oranges, almonds, carrots, chow mein noodles and Asian sesame dressing on fresh greens. *(Sorry no 1/2 salad)*
- **Princess Owatonna Salad**  **\$6.99**
Smoked ham, turkey, mild cheddar cheese, cucumbers, black olives, and tomatoes on fresh greens.
- **Kolhmeier Cashew Chicken Salad**  **\$7.59**
Cashews mixed in creamy chicken salad, tomatoes, and cucumbers on fresh greens.
- **Brooktree Chicken Salad** **\$7.59**
Chicken breast, mixed greens, tomatoes, cucumbers, black olives, and cheddar jack cheese. *(Sorry no 1/2 salad)*
- **Kaplan Woods Garden (side salad)**  **\$3.59**
Fresh greens, black olives, tomatoes, and parmesan cheese.

GOURMET SANDWICHES

Offered cold or panini-grilled on your choice of marble rye, ciabatta, focaccia, croissant, multi-grain bread, or sliced wheat berry with a side of chips.
Gluten-Free Choices \$0.95 extra.

- **Central Park Veggie**  **\$6.29**
Herb cream cheese, roasted red peppers, sun-dried tomato spread, tomatoes, cucumbers, olives and fresh greens.
- **Jaycee Herby Turkey**  **\$7.29**
Smoked turkey breast, herb cream cheese, sun-dried tomato spread and fresh greens.
- **Dartts Ham & Cheese**  **\$6.99**
Smoked ham, mild cheddar cheese, olives, tomatoes, cucumbers and fresh greens.
- **Mineral Springs Tuna** **\$7.29**
White tuna, artichokes, roasted red peppers, olives, basil, olive oil and lemon juice.
- **Morehouse Panini Cheese**  **\$5.89**
Cheddar cheese and herb cream cheese, grilled panini style.
- **West Hills Chicken** **\$7.29**
Hot chicken breast, lettuce, tomatoes and cheese. *(Sorry no 1/2 sandwich)*
- **Manthey Garden Burger** **\$6.99**
Veggie patty, mixed greens, tomatoes, cucumbers, roasted red peppers, and black olives. *(Sorry no 1/2 sandwich)*
- **Kolhmeier Cashew Chicken**  **\$7.29**
Cashews mixed in creamy chicken salad with fresh greens.
- **Rachel** **\$6.99**
Turkey, Swiss cheese, sauerkraut, Thousand Island dressing on marble rye.
- **Panini Melt**  **\$6.99**
Turkey, bacon, ham, herb cream cheese grilled on your favorite bread.

YOUR CHOICE OF TWO
Pick your choice of any two menu items.
\$7.29
1/2 Sandwich • Cup of Soup • 1/2 Salad

WRAPS (Sorry no 1/2 Wraps)

- **Chicken Bacon Ranch** **\$7.99**
Grilled chicken breast, bacon, mixed greens, tomatoes, cucumbers, monterey jack cheese and ranch dressing.
- **Southwest Steak and Wild Rice with Mushrooms** **\$8.29**
Shaved steak, monterey jack cheese, wild rice and mushrooms, mixed greens, tomatoes, black olives and southwest dressing.
- **Oriental Chicken** **\$7.99**
Chicken strips, lettuce, mandarin oranges, almonds, carrots, chow mein noodles, Asian sesame dressing.
- **Herby Turkey and Ham** **\$7.89**
Turkey, ham, herb cream cheese, mixed greens, tomatoes, olives and cucumbers.

KIDS MENU

On White or Wheat bread

- **Turkey and Cheese with Chips** **\$4.59**
- **Ham and Cheese with Chips** **\$4.59**
- **Grilled Cheese with Chips** **\$4.59**



Indicates that the item can be **Gluten-Free** for an additional \$0.95